Final Journeys

This workshop will help participants enhance their knowledge and skills related to patients’ final journeys. Clinicians who work with the very seriously ill, have a unique opportunity and responsibility to serve as “dying planners” – to take the complexities of our scientific training and professional experiences and distill them down into understandable concepts and tools for any person to use for their final journey.

Featured Speaker

Maggie Callanan, RN, has been a critical care, hospice home-care, and inpatient nurse, working in direct patient care since 1981. She co-authored Final Gifts: Understanding the Special Awareness, Needs and Communications of the Dying which received The American Journal of Nursing Book of the Year Award in 1993. It is now published in 12 languages. Final Journeys: A Practical Guide for Bringing Care and Comfort at the End-of-Life was published in 2008 and is the “prequel” to Final Gifts (available in two languages and on Kindle).

Maggie is the recipient of the Hospice and Palliative Care Organization’s prized award for the National Caregiver of the Year: The Heart of Hospice. Maggie is the founder and director of The Hospice and Palliative Care Speakers Bureau, and speaks nationally and internationally on topics of death, dying and maintaining professional and personal boundaries.
**Agenda**

8:00 am  Registration
8:50 am  Welcome
9:00 am  Final Journeys: Session 1
10:15 am Break
10:45 am Final Journeys: Session 2
12:00 pm Lunch and Book Signing
1:00 pm  Final Journeys: Session 3
2:15 pm  Break
2:30 pm  Q & A with Maggie
3:45 pm  Closing Remarks/Evaluation

**Objectives**

- Review the various life events for which we prepare.
- Discuss our society’s phobia of death and consequent lack of willingness to prepare.
- Outline the concept of “Dying Planner.”
- Examine the seven main stages of the process of dying from diagnosis to death and grieving.
- Identify techniques that can help the patient plan for their dying to reflect on their uniqueness as their living has done.

**Intended Audience**

Hospice personnel, clergy, volunteers, nurses, physicians, social workers, nursing home staff, critical care staff, oncology staff, clinic personnel, and other interested persons. This workshop is suggested for people who work with people.

**Credits**

This one-day conference has been designated to provide 6.0 contact hours and 5.0 clock hours (credits). Approved by the Minnesota Board of Social Work for 5.0 clock hours.

* Due to varying temperatures in the conference center, you may wish to dress in layers for your own comfort.

**Supporting Sponsor**

Special thanks to Harvey Anderson Funeral Home for their financial support of today’s educational retreat.

**Registration**

Fee: $75

Fee for Rice Hospice Volunteers: $10

(Fee includes materials, lunch and refreshments. Fee is refundable only if canceled one week before the event)

**Deadline: Wednesday, September 4, 2014**

Make your check payable to:

Rice Memorial Hospital

Mail your payment (no cash or vouchers) to:

Rice Memorial Hospital, Education
301 Becker Avenue SW
Willmar, MN 56201

**Location**

Willmar Conference Center
Best Western Plus
2100 East Highway 12
Willmar, MN 56201